



## TASMANIAN EYE CLINICS

EYE DOCTORS SPECIALISING AND CARING FOR YOUR EYES



# eye TALK

with Dr Gordon Wise

## Your questions answered on the topic of dry eyes.

**What are dry eyes?** Dry eye' refers to a symptom. People have a feeling that their eyes are dry when they blink.

**Are their eyes really dry?** No, not really. The tear secretion on the front of the eye is just inadequate for comfort in certain situations.

**What causes it?** It's a complex disease. There are three elements of the tear film, namely the mucous, the aqueous and the lipid layer, and dry eye can arise from a disturbance of any of these elements.

**So dry eyes aren't just a loss of the water in the eyes?** No, that's right.

**Can anything be done for dry eyes?** There are multiple treatments available to improve each of the three layers of the tear film and relieve the symptom of 'dry eye'.

For more information refer to our website  
[www.taseye.com.au](http://www.taseye.com.au)

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